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To: All Union Members of UFCW Local 7:

Please find listed below several resources available to you as a member of UFCW Local 7 as a result of the current COVID-19 pandemic. We know how valuable you are during this critical time in our history. You are essential workers which help support our communities, especially in this time of need. We hope that you and your family are staying as safe as possible during this crisis and we appreciate all you are doing for our community during these very trying and unprecedented times.

To obtain additional help and information, call 211 from a landline or your cell phone to access the Mile High United Way help line or go to www.unitedwaydenver.org Below is a list of other community agencies that also may be able to assist you and your family:

<p>UFCW Local 7 COVID Emergency Hardship Fund for members of Local 7:</p> <p>Go to www.ufcw7.org to apply online for this one time financial grant of up to \$200 for hardships created due to COVID-19 or call the Union office at 303-425-0897 for details.</p>	<p>Emergency Child Care As an essential worker, if you have children and are in need of backup childcare, go to: https://covidchildcarecolorado.com/parent-survey-home/ for details on financial assistance for your daycare needs or go to: https://covidchildcarecolorado.com/</p>
<p>Workman Compensation for Local 7 members Erika Alverson 1888 Sherman St. suite 370 Denver, CO 80203 Phone: (720) 642-6794 www.alversonobrien.com</p>	<p>Mental Health/Substance Abuse (if covered by the Union Health Plan) Mines & Associates, P.C. 10367 W. Centennial Rd. Littleton CO 80127 Toll Free: (800) 873-7138 www.minesandassociates.com</p>
<p>Catholic Charities Archdiocese of Denver 4045 Pecos St Denver, CO 80211 Phone: (303) 742-0828 Fax: (303) 742-0774 www.catholiccharitiesdenver.org</p>	<p>Unemployment Questions For Local 7 members: Ira Sanders Phone: (970) 356-8900</p>
<p>WIC Program - Colorado Dept of Public Health & Environment: Prevention Services Division 4300 Cherry Creek Drive South, Denver, CO 80246 Phone: (303) 692-2400 Toll Free: (800) 688-7777 www.coloradowic.gov</p>	<p>Colorado Nutritional Assistance Program (SNAP), a food assistance program in Colorado, go to: www.colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap 1570 Sherman St. 8th Floor Denver, CO 80203 303-866-5700</p>