

Medical Benefits	UnitedHealthcare/UMR PPO Medical Plan
Preventive Care Services	Note: Plan pays for 100% of preventive appointments and preventive services provided by Network provider, as required under the Affordable Care Act, including the services listed in this section. Charges for additional tests and procedures subject to Plan coinsurance and deductible if covered under the Plan.
Mammogram	<p>Network:</p> <ul style="list-style-type: none"> Coverage includes the associated Preventive Outpatient Professional Services Diagnostic-related services are covered at the same level of benefits as other X-ray and lab services, based on place of service Plan pays 100% for preventive appointments and services provided by a Network provider as required under the Affordable Care Act. Charges for additional tests and procedures are subject to Plan coinsurance and deductible if covered under the Plan <p>Non-Network: Plan pays 50% after deductible is met for the following:</p> <ul style="list-style-type: none"> Age 50 and over: Plan covers one screening per year Age 40 through age 49: Plan covers one screening every two years or one screening each year for women with identified risk factors Age 35 through age 39: Plan covers one baseline mammogram Under age 35: Not covered
Immunization (There are special rules for flu shots. See your Enrollment Guide for more information)	<p>Network: Plan pays 100% as required under the Affordable Care Act</p> <p>Non-Network: Not covered</p>
Bone Mass Measurement Test	<p>Network: Plan pays 100% as required under the Affordable Care Act</p> <p>Non-Network: Not covered</p>
Routine Annual Physical Exam and Pelvic Examination	<p>Network:</p> <ul style="list-style-type: none"> Ages 3 and above: Plan pays 100% for one exam per year <p>For diagnostic lab tests and procedures performed and/or ordered during or as a result of the Routine Annual Physical Exam, Plan pays 65% after deductible is met</p> <p>Non-Network: Not covered</p> <p>For diagnostic lab tests and procedures performed and/or ordered during or as a result of the Routine Annual Physical Exam, Plan pays 50% after deductible is met</p>
Papanicolaou (Pap) Smear	<p>Network: Plan pays 100% for one exam per year</p> <p>Non-Network: Plan pays 50% after deductible is met</p>
Prostate-Specific Antigen (PSA) Testing, Including Digital Rectal Exam (DRE)	<p>Network:</p> <ul style="list-style-type: none"> Age 40 and over: Plan pays 100% for baseline exam; one exam per year after that Age 39 and under: Plan pays 65% after deductible is met <p>Non-Network: Plan pays 50% after deductible is met</p>
Preventive Colonoscopy	<p>Network: Plan pays 100% for exam as required under the Affordable Care Act</p> <p>Non-Network: Plan pays 50% after deductible is met</p>
Well-Baby Care (from birth up to the age of 3) Includes routine physical exams	<p>Network: Plan pays 100%</p> <p>For diagnostic lab tests and procedures performed and/or ordered during or as a result of the well-baby visit, Plan pays 65% after deductible is met</p> <p>Non-Network: Not covered</p> <p>For diagnostic lab tests and procedures performed and/or ordered during or as a result of the well-baby visit, Plan pays 50% after deductible is met</p>

This is only a brief summary of certain features of the Rocky Mountain UFCW Unions & Employers Health Benefit Plan. Full details are contained in the documents that establish the Plan provisions. If there is a discrepancy between the wording here and the documents that establish the Plan provisions, the document language will govern. The Trustees reserve the right to amend, modify, or discontinue all or part of the Plan at any time.

BENEFITS SUMMARY FOR PLAN C—EFFECTIVE JANUARY 1, 2021

The following table provides only a summary of the benefits available under Plan C, effective January 1, 2021. Not all exclusions and limitations are shown. Please refer to your Summary Plan Description (SPD) and any Plan change notices for a complete description of your benefits. Also, refer to your Collective Bargaining Agreement (CBA) for more specific information as to how and when you and your dependents are eligible for coverage and what that coverage will be. Please note that the information about dependents in this chart only applies if your dependents are eligible for coverage. **You are only eligible to enroll in the Kaiser Permanente HMO Plan if you live or work in the Kaiser Permanente HMO service area.**

Medical Benefits	UnitedHealthcare/UMR PPO Medical Plan
Network	UnitedHealthcare Choice Plus
Calendar Year Maximum	No maximum
Calendar Year Deductible	\$700 per person; three individual deductibles per family
Calendar Year Out-of-Pocket Limit (includes deductibles, coinsurance, and co-payments for medical and prescription drug benefits)	<p>Network: \$6,350 per person; up to \$12,700 per family</p> <p>Non-Network: No per-person limit; no family limit</p>
Calendar Year Coinsurance Limit (deductible and co-pays not included)	<p>Network: \$4,000 per person; up to \$7,000 per family</p> <p>Non-Network: \$12,000 per person; no family limit</p>
Coinsurance (unless stated otherwise)	<p>Network: Plan pays 65% after deductible is met</p> <p>Non-Network: Plan pays 50% after deductible is met</p>
Primary Care Physician (PCP) Office Visit and Telehealth* Visit Co-Payment (applies to office visits for outpatient mental health and substance abuse treatment)	<p>Network: Plan pays 100% after \$40 per visit co-pay; no deductible</p> <p>For procedures received during the office visit, Plan pays 65% after deductible is met</p> <p>Non-Network: Plan pays 50% after deductible is met; Non-Network telehealth visits are not covered</p>
Premium Care Specialist Physician Office Visit Co-Payment**	<p>Network: Plan pays 100% after \$50 per visit co-pay; no deductible</p> <p>For procedures received during the office visit, Plan pays 65% after deductible is met</p> <p>Non-Network: Plan pays 50% after deductible is met</p>
Non-Premium Care Specialist Physician Office Visit Co-Payment**	<p>Network: Plan pays 100% after \$60 per visit co-pay; no deductible</p> <p>For procedures received during the office visit, Plan pays 65% after deductible is met</p> <p>Non-Network: Plan pays 50% after deductible is met</p>

*Telehealth visits for mental health and substance abuse treatment are not covered.
 **Go to www.umar.com to find Premium Care Specialist Physicians in the UnitedHealthcare Choice Plus Network. If there is not a Premium Care Specialist in the required field near you, please contact UnitedHealthcare/UMR to locate a specialist and discuss the applicable co-payment.

Medical Benefits	UnitedHealthcare/UMR PPO Medical Plan
Emergency Room Services	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 65% after deductible is met For non-emergency services provided in a Non-Network emergency room setting, Plan pays 50% after deductible is met
DispatchHealth	Available in the Denver/Boulder and Colorado Springs areas Plan pays 65% after deductible is met
Outpatient Advanced Radiology Procedures (MRIs, X-rays, CAT and PET scans)***	Network: Plan pays 65% after deductible is met and \$75 co-pay is made per day Non-Network: Plan pays 50% after deductible is met and \$75 co-pay is made per day
Inpatient Hospital Services***	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met
Outpatient Surgical Services***	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met
Durable Medical Equipment***	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met Foot and ankle orthotics limited to \$120 maximum for one pair per lifetime
Hospice	Plan pays 65% after deductible is met
Home Health Care***	Plan pays 65% after deductible is met Calendar Year Maximum: 40 days
Physical, Occupational, and Speech Therapy*** (Special rules apply to Speech Therapy)	Outpatient Network: Plan pays 65% after deductible is met Outpatient Non-Network: Plan pays 50% after deductible is met Speech Therapy: <ul style="list-style-type: none"> Hospital Speech Therapy: Same as above Speech Pathologist (Non-Hospital): Plan pays 50% after deductible is met Outpatient Calendar Year Limit: 50 days
Mental Health Treatment****	
Inpatient	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met
Outpatient	Network: <ul style="list-style-type: none"> Office Visits: Plan pays 100% after \$40 per visit co-pay; no deductible Outpatient Facility: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met Inpatient and certain other Mental Health Treatments are authorized and managed by MINES & Associates For diagnostic lab tests and procedures performed and/or ordered during or as a result of the office visit, Plan pays coinsurance after deductible is met

*** Precertification is required for these and other services like outpatient surgery, imaging, and dialysis. Services that require precertification are determined by UnitedHealthcare/UMR and are subject to change from time to time. Please call UnitedHealthcare/UMR at 866-494-4502 for the current list of services requiring precertification.

**** MINES & Associates is the Network (PPO) Provider for these treatments and performs any required precertification on such services.

Medical Benefits	UnitedHealthcare/UMR PPO Medical Plan
Substance Abuse Treatment****	
Inpatient	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met
Outpatient	Network: <ul style="list-style-type: none"> Office Visits: Plan pays 100% after \$40 per visit co-pay; no deductible Outpatient Facility: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met Inpatient and certain other Substance Abuse Treatments are authorized and managed by MINES & Associates For diagnostic lab tests and procedures performed and/or ordered during or as a result of the office visit, Plan pays coinsurance after deductible is met
Chiropractic Benefits	Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met Chiropractic benefits limited to 15 visits per year
Transplant Benefits	Optum Designated Transplant Facility: Plan pays 100% after deductible is met Network: Plan pays 65% after deductible is met Non-Network: Plan pays 50% after deductible is met Per-Transplant Maximums: Organ Procurement (inclusive of provider contract): \$10,000 per donor (does not apply to Optum transplant) Transportation/Lodging: \$7,500 (costs incurred if transplant is performed within 100 miles of home will be excluded)
Prescription Drug Benefits	PPO Medical Plan Through Express Scripts, Inc.
Mandatory Generic Program	You must use generic drugs whenever they are available. If you do not, you must pay the generic drug co-pay plus the difference in cost between the generic medication and the brand-name medication. See your Summary Plan Description for more information.
Participating Retail Pharmacy	Per 34-day supply or 100-unit dose, you pay:
Generic	\$5 co-payment per prescription
Preferred Brand	20% up to \$50 per prescription
Non-Preferred Brand	30% up to \$75 per prescription
Specialty	20% up to \$100 per prescription
90-day Supply	
Generic	\$10 co-payment per prescription
Preferred Brand	20% up to \$100 per prescription
Non-Preferred Brand	30% up to \$150 per prescription
	No Mail-Order Program available
	Prescription medications required to be covered at 100% by the Affordable Care Act are covered 100% by the Plan
Non-Participating Pharmacy	Not covered, except in emergency
Maximum Supply	Greater of 34-day supply or 100 unit dose, unless a physician writes a prescription for a 90-day supply

****MINES & Associates is the Network (PPO) Provider for these treatments and performs any required precertification on such services.

Age Limit for Dependent Children	UnitedHealthcare/UMR PPO Medical Plan
Dependent Children	Last day of the month in which the dependent child turns age 26 (or, if a stepchild or a child for whom the eligible employee has been awarded custody, December 31 of the year the child attains age 19 or age 23 if a full-time student)
Vision Benefits	For All Eligible, Covered Participants and Dependents
Exam, Frames, and Single Lenses	Once every 2 years \$240
Bifocal Lenses	\$260
Trifocal Lenses	\$290
Contact Lenses	\$240
Dental Benefits	For All Eligible, Covered Participants and Dependents
Calendar Year Deductible (does not apply to preventive and diagnostic)	Not applicable
Preventive and Diagnostic	DPO Provider: Plan pays 100% Non-DPO Provider: Plan pays 80%
Restorative, Oral Surgery, Endodontics, Periodontics	Not covered
Prosthetic	Not covered
TMJ Benefits	Not covered
Calendar Year Maximum (non-orthodontic)	\$1,000 per employee or dependent age 18 and over; no maximum for dependents under age 18
Orthodontic Benefits	Not covered
Weekly Disability Benefits	For All Eligible, Covered Participants
Benefit Amount	70% of average weekly earnings
Weekly Maximum	\$300
Benefits Begin	8th consecutive day of disability or day after employer's benefits end
Maximum Duration	26 weeks
Death Benefits	For All Eligible, Covered Participants
Benefit Amount	\$10,000
AD&D Benefits	For All Eligible, Covered Participants
Full Amount	\$10,000
Life or Combination of Any Below	\$10,000
One Hand, One Foot, One Eye	\$5,000
Contact the Plan Office for other covered losses	